



Kare Youth League Upland Upland Football/Volleyball

Football/Volleyball practices begin the week of August 15th

No Monday practice next week 8/14

<u>2023/24</u> <u>Grade</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
1 st Grade Boys Flag Football	C-Division 5:00-6:15				
1 st and 2 nd Grade Girls Volleyball/Cheer			D3 5:00-6:15 Volleyball- Cheer Optional		
2 nd / 3 rd Grade Boys Flag Football	B/A-Flag Division 4:30-5:45		B/A-Flag Division 4:30-5:45		
2 nd / 3 rd Grade Boys Tackle Football			B/A-Tackle Division 5:15-6:45	B/A-Tackle Division 5:15-6:45	
3 rd & 4 th Girls Volleyball	D2 Division 4:30-6:00		D2 Division 5:00-6:00		
4 th grade Boys Tackle Football	AA- Division 4:30-5:45		AA- Division 5:15-6:45		
5 th & 6 th Girls Volley Ball	D-1 6:00-7:00		D-1 6:00-7:30		
5 th & 6 th Boys Tackle Football	Pac12- Division 5:15-6:30			Pac12- Division 5:15-6:30	

*** subject to change.**

*** The KYL office will be open Wednesday (8/9) & Thursday (8/10) (4:30-6pm) for equipment purchases (if available) and to take care of fees.**